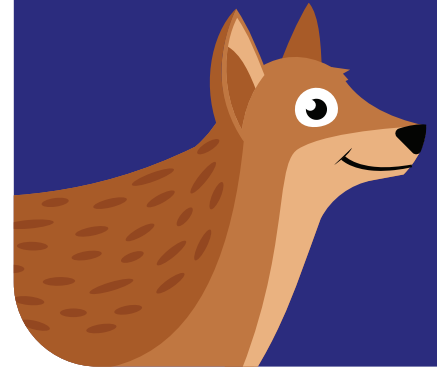


Respect FEBRUARY 2023



SAY IT:

Respect means showing others they are important by what you say and do.

KNOW IT:

ASK A GROWN UP:

- Who are some people in your life that you respect? How do you show them that you respect them?
- How does it make you feel when people show you respect?

ASK A KID:

- Who are some people you show respect to at school?
- What are some ways that you show respect?

SEE IT:

Watch this Smithsonian video about dingoes: <https://www.youtube.com/watch?v=AAKvY3YGreg>. You also might want to do a little reading about dingoes as well. How do the dingo puppies show respect to their parents? What might happen if they went too far away from their parents and the other adult dingoes?

BE IT:

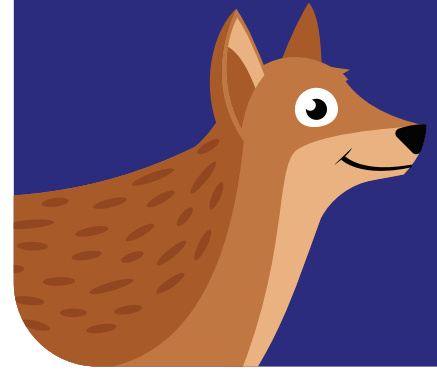
As a family, develop a "Top Ten of Respect." Come up with ten things you all agree on that would demonstrate that you respect others in the family. Make it a friendly challenge to see who can consistently perform all ten of the items on the list. To make it even more fun, create a family respect song to help remember to always show respect.

LISTEN TO THE CORE ESSENTIAL VALUES PARENT PODCAST!

<https://soundcloud.com/user-491235046-888594144>

PHASE

Respect
FEBRUARY 2023



We all want to know that we matter, that we are important.

One way that we can discover how we are important to others is **through work**. Maybe your child isn't ready to put in an 8-hour day at the office (who is!?), but he or she can still do significant work that will help your family and others. From taking out the trash, to doing dishes, folding laundry, or lending a hand to the neighbor, there are age-appropriate tasks that all kids can do.

Doing this work will make them feel important, needed, and connected to others.

So don't miss it. This month, look for work that develops independent habits in your child.